



Kent Emotional Wellbeing Team



North East London
NHS Foundation Trust



Chilmington Green School
The best in everyone™
Part of United Learning

✉ info@chilmingtongreenschool.org.uk

☎ 01233 438 800

March 2026

Dear Parent/Carer,

Introducing the Emotional Wellbeing Team at Chilmington Green Secondary School

The Ashford Emotional Wellbeing Team (EWT), known nationally as Mental Health Support Teams, are pleased to continue to offer support to Chilmington Green Secondary School. Emotional Wellbeing Practitioners (EWPs) are hoping to get to know you and your child over the coming weeks and months, offering support when needed and finding out your ideas about how we can all work together to support the emotional wellbeing and mental health of students at Chilmington Green Secondary School.

For information about the EWT and to access additional resources, please scan the QR code to visit the website:



How does my child access this support?

For the types of support being offered by the EWPs, it has been found that when young people request this support for themselves it is most effective. Therefore, we have a digital '*request for support*' process whereby young people themselves complete a brief form and tick which type of support they would like to receive.

Information sharing and consent

Young people who take part in targeted group or individual support will need to agree to their information being stored on the NHS electronic records system.

Wherever possible, we like to work with young people with the support of their parent/carer. On receiving a request for support from a young person we will ask for their consent to inform you about the support that will be offered. In some instances, young people may choose not to inform their parent/carer/school. If this occurs, we make a thorough assessment of the young person's ability to give their consent based on their understanding of the support being offered, the potential benefits and any potential risks. Where a young person is deemed capable of giving their consent then we uphold the young person's right to access confidential support, without the need for parental consent or knowledge. After giving consent, a young person can choose to withdraw this consent at any time.

Please be assured that if a

young person were to share any

Chair: Eileen Taylor
Chief Executive: Paul Calaminus

www.nelft.nhs.uk



information in a session that raised concerns about that individual's safety or the safety of someone else, then confidentiality would be broken, and necessary information would be shared.

If you would like to discuss any of the above information, please contact the SEN department within your child's school – SEN@chilmingtongreenschool.org.uk.

If you require urgent help or support regarding your child's emotional wellbeing or mental health, please call NHS 111 (option 2) or the NELFT Children and Young People's Mental Health Service (CYPMHS) Single Point of Access on 0800 011 3474

We hope that this information is helpful to you. We are very much looking forward to working together.

Yours sincerely,

Carmen Scarfe – Locality Clinical Lead
Kent Emotional Wellbeing Teams